

# WHY PRAY?

## Spiritual Warfare is Everywhere

Men and women in the service of their country face great spiritual conflict with the enemy (Ephesians 6:12).

## Anxiety in the Military

When in another country, the difference in language, climate, and customs can produce feelings of anxiety and frustration.

## Loneliness

Feeling alone, even within a large group, can lead to deep feelings of homesickness and loneliness.

## Returning Home

One challenge facing our Service men and women returning from active duty is renewing relationships with family members and co-workers.

## Impact of Prayer Support

Prayer support is essential for our Service men and women as they travel to foreign countries.

# OUR CHAPEL SERVICEMEN

Please send photos of your service man or woman to [fred.tan@the-chapel.org](mailto:fred.tan@the-chapel.org).



Aaron J. Byard LCPL



Msgt. Brian Phillips



RCT Andrew Brubaker

# PRAYING FOR OUR SOLDIERS



## MILITARY MINISTRY

Making a difference in the lives of our Service men and women and their families

# GET INVOLVED

## Adopt a soldier:

- Personally or as a group, adopt a soldier during his/her tour of duty. Make personal contact asking how you can pray and how you can help the family. Contact the Military Ministries Office for the name of a soldier in the U.S. Military.

## Join Others

- Meet once a month to pray for our Service men and women. Contact the Military Ministries office at 330.315.5457.

## Encourage others to pray and support.

- Ask members of your ABF to pray for our soldiers.
- Become a Military Representative in your ABF.
- Have sign-ups for others to send cards, letters, or emails on a regular basis.
- Contact a Military Representative to learn about special needs for any of our church's Service men or women.



## Send a Care Package.

# ITEMS TO SHIP

The USPS has special boxes to ship to our military at a flat rate of \$12 per box. Be sure to fill out an APO form.

- |   |  |
|---|--|
| • Soap  | • Foot powder                                  |
| • Toothpaste & toothbrushes   | • Air freshener                                |
| • Deodorant   | • Clorox wipes                                 |
| • Lotion for dry skin   | • Cotton balls (women)                         |
| • Lip balm  | • Tweezers (women)                             |
| • Mouthwash   | • Nail polish (women)                          |
| • Razors (men & women)  | • Baseball caps, knit hats, gloves, tshirts    |
| • Shaving cream   | • Magazines, newspaper, & word puzzles         |
| • Hard candies  | • Travel size games (board & handheld)         |
| • Pens, paper & blank cards   | • Packets of powdered drinks, boxes of cookies |
| • Books (paperback)   | • Coffee mugs and packets of coffee            |
| • Beef jerky  |  |
| • Mixed nuts, trail mix, energy bars, sunflower seeds, granola bars |  |

Please place all liquid items in a sealed plastic bag.

# WAYS YOU CAN HELP

- Pray for our military.
- Adopt a Service man or woman to provide prayer and support.
- Purchase a Serviceman's Packet: NIV Bible and Daily Prayer booklet for a soldier. Cost: \$10.
- Write a letter of encouragement.
- Send a Care Package.
- Invite a military family to join your ABF. Offer assistance through meals or babysitting.
- Encourage a returning Service man or woman in their faith and invite them to church.

# HOW TO PRAY

## Spiritual Growth and Impact

### Pray that our Service men and women will...

- Rely on God during times of anxiety and fear.
- Remain true to his/her faith and will continue to trust in Him.
- Have God's leading for his/her calling in the military.
- Trust in God for stability, wisdom, compassion, self-discipline, boldness, and love.

## Unity in Family and the Church

### Pray for...

- Unity in their family (relationship with spouse and children).
- Good relationships with the leaders and members of his/her unit and those of other countries.
- Relationships with friends, co-workers, and supporters back home

## Practical issues

### Pray for...

- Smooth transition into the military, the regiment, climate, and physical issues.
- Protection in travel and in foreign countries; for good health and safety in all situations.
- Dealing with one's own (and others) prejudices, fears, and concerns.
- Loneliness, homesickness, lack of accustomed fellowship with family, friends, and church.

